

## **Smoking**

Do not smoke for at least two weeks after surgery, if at all. In fact, please try to quit permanently. As discussed at your consultation, smoking dramatically increases the risk of bone graft, sinus augmentation, and implants to fail.

## **Wearing your Prosthesis or Nightguards**

Partial dentures, flippers, or full dentures should not be used immediately after surgery until your post-operative appointment unless specifically instructed otherwise. Please contact the office if there is any question. If you have a temporary “flipper” to wear do not place it until the numbness in the area is gone. When it is placed, it should not touch the gums in the area of the surgery. If it does, this can cause ulceration of the wound edges and breakdown of the suture margins. This can lead to loss of the graft. If an implant was placed, the temporary prosthesis must NOT touch the implant at all OR THE IMPLANT WILL FAIL. If you think the prosthesis is touching the implant in any way, DO NOT wear it or even put it in your mouth. Bring it to our office for Dr. Gadler to evaluate it and adjust it if needed. If you have questions about the fit of your flipper, partial or complete denture, do not wear it until your general dentist or our office can see you.

If your Dentist has made you a temporary prosthesis to wear while the implant is healing or if you already have one, **DO NOT WEAR IT AT ALL OR EVEN TRY IT IN** until Dr. Gadler has seen it and approved or adjusted it. Failure to follow this advice could result in the failure and the loss of your implant and or bone graft.